

# Allopurinol - Chronic Gout Treatment: What You need to know About Allopurinol

**A**llopurinol (which goes by the brand names Aloprim and Zyloprim) is a drug that belongs to a class of drugs called xanthine oxidase inhibitors. Allopurinol is prescribed for the treatment of chronic *gout* and also is used to prevent rather than treat *gout attacks*.



The medicine works by blocking *uric acid* production. *Uric acid* is a waste product usually present in the blood as a result of the breakdown of *purines*. Excessive amounts of uric acid can cause crystals to form in the joints, which can lead to gout.

## When is Allopurinol Prescribed?

Allopurinol is prescribed to prevent chronic gout attacks, manage high *uric acid levels* due to cancer medications, as well as handle kidney stones. There's also a handful of off-label uses for which your doctor may prescribe allopurinol.

## What is the Accessibility to Allopurinol?

Allopurinol is available as a 100 mg. capsule. It is taken a few times daily, usually after a meal.

## Are There Any Kind of Special Instructions Relating to How to Take Allopurinol?

Patients are advised to follow the prescribing instructions specifically. It is common for the starting dosage of allopurinol being low and gradually increased. Noticeable benefit from taking allopurinol may take months. Actually, during the first few months of use, the treatment may actually increase the number of gout attacks. Eventually, allopurinol will prevent gout attacks. In the interim, colchicine may be prescribed as well. Do not stop taking allopurinol even if you're feeling well.


## Are There Patients Who Should Not Take Allopurinol?

Patients who are known to be allergic to allopurinol obviously should not take the medication. Individuals taking any of the following medications should tell their doctor since they may require a serving adjustment:

*Amoxicillin, Ampicillin, Coumadin, Cytoxan, Purinethol, Diabinese, Diuretics, Immunosuppressants, Other gout medications*  
**What common side effects can occur with allopurinol?**

- Allopurinol can cause upset stomach, looseness of the bowels, and drowsiness.
- Rash is one of the more common side effects and can occur despite months or years of remedy.

“ *Immediate Gout Pain relief - Top Remedies at Home* There are times that the body produces large amount of uric acid depending on the food we take in and discharge a little amount of it. This acid usually suspends in the blood. However, if these acids are not suspended and will shape into crystals...



## Are There More Severe Side Effects Connected With Allopurinol?

Uncommon side effects that are more severe if they occur include:

Hypersensitivity reactions, Itching, Blood inside pee or pain when urinating, Eye irritation, Swelling around mouth or lips, Signs of infection, Loss of urge for food or unexpected weight loss  
**What special safety measures and precautions are associated with allopurinol?**

- Patients are advised to drink 8 glasses of water daily (unless a doctor instructs otherwise).
- Alcoholic drinks may decrease the effectiveness of allopurinol.
- Drinks or supplements containing vitamin c may be problematic in large quantities.
- Excessive vitamin C and also allopurinol can combine to make urine acidic and cause kidney stones.
- Patients with kidney problems may need dose adjustment for allopurinol.



[Gout](#) [Uric Acid](#) [Gout Attacks](#) [Uric](#) [Gout Remedy Report](#) [Gout](#)

## Are There Special Instructions for Pregnant or Nursing Women?

You are pregnant, breastfeeding, or thinking about becoming pregnant, discuss allopurinol with your doctor. Few reports of allopurinol use during pregnancy exist. Although no adverse fetal outcomes associated with allopurinol have been mentioned in humans, allopurinol should only be used after weighing benefit to the patient as opposed to risk to the fetus.

## How is It Decided that Allopurinol is an Effective Treatment?

Certain laboratory tests are periodically bought which help in order to determine if the drug is working efficiently.

## The **Gout Remedy Report**

To stop this (gout) happening to you, please now go to the [Gout Remedy Report](#) where you'll also get the facts on a devastatingly easy 2 hour remedy. Just click here.

Chris Randon is a nutritionist specialized in human health, which is based in Los angeles, Carlifornia.

**Disclaimer:** Content in this document is an advertisement, therefore it may be biased and should not be considered an objective or independent review. Owner of this document may be compensated when you purchase a product by clicking a link in this document. The views and opinions expressed in this document are purely of the author. Any product claim or other representation about a product or service should be verified with the manufacturer, provider or party in question. Any health information in this document is for educational purposes only and is not intended to replace the advice of your health care provider.