

# Gout Medication - the Good, the bad and the Side Effects

The severity of a patient's **gout** as well as family history with gout will weigh tremendously on the method used for treating the symptoms and avoiding future bouts with the painful condition. Among the remedies that are offered are usually gout medicine, lifestyle changes, diet adjustments and surgery.

- Gout causes severe pain that can last a few days and virtually leave someone impaired throughout an attack.
- Steroids are often prescribed to immediately relieve the pain.
- Steroids will alleviate this because they have the ability to reduce the inflammation and the swelling fairly quickly.



Although steroids do not have the best reputation, they can still be very beneficial for many medical conditions. Generally when a health care provider decides to prescribe a steroid to take care of your gout he or she will more than likely give you little doses over a very short period of time.

Cases of gout that are much less severe a health care provider might feel the need to only prescribe a good anti-inflammatory medication. This will act the same as a steroid as far as bringing the inflammation down to relieve the pain. It is possible your doctor will prescribe you pills to take when you feel an attack coming on or you might be able to have an injection into the joint.

## Here is a Summary of the Typical Drugs Doctors Prescribe for Gout:

NSAIDs (nonsteroid anti-inflammatory drugs)

### Naproxen

Indomethacin.



GoutGout AttacksPurines

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*Betel Leaves: Useful Home Alternative for a weakness of Nerves* Gout stands out being a very horrible arthritis form and you may find yourself struggling with it without warning. Regrettably it happens to be agonizing and you will probably need to make significant changes to your diet plan. We will need to know...

### Ibuprofen

Colchicine is another medication that is used sometimes for treating acute **gout attacks**.

- Corticosteroids can be either injected into the muscle or the joint itself, or it can be given in a pill form.
- This is usually given after other medications that have not worked on a patient.
- Before you try to use over the counter medications to treat your gout you should consult with your doctor.
- Some over the counter drugs can make the gout even worse, such as aspirin.
- Your doctor will give you a list of over the counter medications you can take that will not interfere with any existing medications or gout.

“ Addition to a gout medication you should make sure you are not eating foods that are high in **purines**. Controlling and controlling gout demands more than taking a prescription, you should modify your diet in order to exclude foods that are high in purines. Exercise regularly and avoiding alcohol are more ways you can lessen your gout assaults and successfully manage your gout.

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